

## Dancer Contract and Commitment Information

Dancer's Name:

---

### North Shore Ballet Theatre

- Dancers must be enrolled and maintain attendance in a minimum of 4 technique classes per week for Senior level and 3 technique classes for the Junior level. Required technique classes cannot include jazz, tap, or hip-hop. Not meeting these weekly requirements can affect the dancer's casting and eligibility
- **SENIOR** Ballet Theatre dancers must take at least 3 ballet classes, with at least 2 pointe/pre-pointe, and 1 modern class for their required technique classes. This *does* include your weekly company class/pointe on Wednesdays.
- **APPRENTICE** Ballet Theatre dancers must take at least 2 ballet classes, with at least 2 pointe/pre-pointe, and 1 modern class for their required technique classes. This *does* include your weekly company class/pre-pointe on Wednesdays. It is highly recommended and suggested that dancers interested in pointe, enroll in 3 ballet classes/week.
- **JUNIOR** Ballet Theatre dancers must take at least 2 ballet classes, and 1 modern class for their required technique classes. This *does* include your weekly company class on Mondays.
- Dancers are required to enroll and maintain attendance in all required company classes and rehearsals.
- Dancers in the Ballet Theatre will participate in NSSD's production of the Nutcracker & Peanut Cracker. Dancers are *not* required to pay a Nutcracker participation fee.
- Weekly Company Class & Rehearsal:
  - NSBT JUNIOR: Mondays- Class @ 4:30-5:45 w/Rehearsal @ 5:45-6:30
  - NSBT APPRENTICE: Wednesdays- Class @ 6:15-7:45 w/Rehearsal @ 7:45-8:30
  - NSBT SENIORS: Wednesdays- Class @ 6:15-7:45 w/Rehearsal @ 7:45-8:45
- Additional Rehearsals will take place on Saturdays & Sundays
- Participation Fee: \$925

### Guidelines and Expectations

As part of the North Shore Ballet Theatre, it is important that each dancer approaches his/her rehearsals with the highest level of integrity, professionalism, and enthusiasm. Below are guidelines and expectations for each dancer to follow at every rehearsal and performance.

Be on time. **Early is on time, on time is late, and late is unacceptable.** Always arrive with time to change, warm-up, and review material covered in previous rehearsals. It is important to warm the body up and stretch before a rehearsal and to be prepared to pick-up where you previously left off. If a dancer is more than 10 minutes late to rehearsal, she will asked to sit down for the remainder of rehearsal; this will count as an absence.

**Come prepared.** Dancers are responsible for checking the website and emails in order to stay on top of paperwork and scheduling. Make sure you bring all of the appropriate shoes, clothing, and hair supplies to every rehearsal.

NORTH SHORE BALLET THEATRE  
2019-2020 SEASON

2

**Do not talk in rehearsal.** It is very important to show the choreographer your respect by staying focused throughout the entire rehearsal. Dancers should always give 110% when they are in rehearsal.

**No sitting, talking, marking movement, or complaining.** If a choreographer is not working with your particular section, jump up and learn another part on the side. Your commitment and dedication in rehearsals make a big difference for future casting in all NSSD productions.

Dancers are not allowed to miss more than 1 rehearsal per semester. If a dancer misses more than 1, she will be dismissed from her role and the role assigned to another dancer. Please note that any absence throughout the season may result in a role change or removal of a dancer within a certain section or dance. NSSB is a commitment, and we encourage that you only use absences for emergencies or illness.

Any negative attitude regarding casting will constitute immediate dismissal. Every part is an important part of the production, including being an understudy. Understudy roles are not easy and are taken into consideration just as much as other roles. Learning multiple parts and jumping in at a moments notice is expected from each understudy. Understudying a part can be the most challenging role in a production.

Dancers will uphold the values, integrity, and discipline of dance. Dancers will maintain a positive attitude toward rehearsals, casting, and performances. If anything negative, inappropriate, or disrespectful is said, texted, or posted to social media, about any student, director, teacher, choreographer, or NSSD employee, the student will be dismissed from the program immediately.

Participation fees and account must be paid up to date for student participation in rehearsals or performances. All absence rules will still apply if a student misses due to non-payment. No discounts or refunds will be given.

All families in a performance company are required to volunteer at any of NSSD's performances; these include but are not limited to: Nutcracker, Peanut Cracker, Spring Concert of Dance, Pre-Dance Showcase, Spring Ensemble performance. Volunteer positions include ushering for shows, sewing, publicity posters, ticket sales, and set construction. Volunteer sheets will be sent out as needed.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Parent Name: \_\_\_\_\_

Parent email address \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Student Name: \_\_\_\_\_

Student email address \_\_\_\_\_

**Liability Release and Photography/Video Consent**

I hereby release and discharge North Shore School of Dance, its staff, representatives, and affiliates, from all liability arising out of, or in connection with, participation during rehearsal at the North Shore School of Dance Studios, 505 Laurel Avenue, Highland Park, IL and performances, events, or outings at any outside venues.

I do hereby give my permission to be video taped and/or photographed by North Shore School of Dance or its affiliates, including clients, licensees, purchasers, agencies, periodicals, and television media, the irrevocable right to use my name and photographs or video in which I may appear, for sale and/or reproduction in any medium for purposes of advertising, trade, display, exhibition, or editorial use.

I have read this release and fully understand its contents.

**By signing this contract:**

\*I understand that North Shore School of Dance is released from all liability.

\*I understand that publicity photographs and videos will be taken and I consent to appearing in these photographs/videos.

\*I am invested and accept all responsibilities and commitments previously listed.

\*I am coming to 1 volunteer position.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Parent Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Student Name: \_\_\_\_\_