



## Newsletter

January 2020



**2020**  
**Happy New Year!**

NSSD Wishes all of our dancers and families a happy, healthy, and joyful New Year!

### STUDENT DIVISION SPRING CONCERT DETAILS

We are thrilled to be hosting our Student Division Spring Concerts of Dance at the North Shore Center for the Performing Arts in Skokie again this year. We enjoyed this beautiful theatre, their professional staff, and accessible location last year and look forward to an incredible day of shows on May 23<sup>rd</sup>.

#### **COSTUME Information:**

Costumes have been ordered and will be arriving throughout the winter and spring months. We will be handing out the dancers' costumes in class to take home. Please watch for your dancer's costumes to come home with them and help your dancer properly hang their costumes so they stay in great shape for the picture day, dress rehearsals, and shows in May.

**PICTURE DAY:** TBA @ North Shore School of Dance

**IN STUDIO REHEARSALS:** Tentatively, May 17<sup>th</sup>-18<sup>th</sup> @ NSSD

During in Studio Rehearsals, dancers will run all their pieces in show order without costumes.

**DRESS REHEARSALS:** May 19<sup>th</sup>-21<sup>st</sup> @ North Shore Center for the Performing Arts

Dancers will have an opportunity to become familiar with the venue, wear their costume and work on their piece on the stage.

**Show Day:** May 23<sup>rd</sup> @ North Shore Center for the Performing Arts

*Additional details will be out to you as we get closer to Spring.*

#### **Calendar** **Important Dates:**

- January 6<sup>th</sup>  
Pre-Dance 2<sup>nd</sup> Session starts & Student Division classes resume
- January 19<sup>th</sup>  
NSDC & NSRDE Winter Showcase
- February 1<sup>st</sup>  
Final Tuition Payments DUE
- March 23<sup>rd</sup>-28<sup>th</sup>  
No Classes: Spring Break
- April 26<sup>th</sup>  
Pre-Dance Division & NSBT PICTURE DAY
- April 20<sup>th</sup> – April 26<sup>th</sup>  
Observation ALL PRE-DANCE
- April 27<sup>th</sup> – May 2<sup>nd</sup>  
Observations Studios 1-3
- May 2<sup>nd</sup>-7<sup>th</sup>  
Observations Studios 4-6
- May 1<sup>st</sup>  
Pre-Dance & NSBT Dress Rehearsal @ NSSD
- May 3<sup>rd</sup>  
Cinderella/  
**Pre-Dance Division SHOW**
- May 19<sup>th</sup> - 21<sup>st</sup>  
**Student Division**  
Spring Concerts of Dance:  
Dress Rehearsals
- May 23<sup>rd</sup>  
**Student Division:**  
Spring Concerts of Dance

## Pre-Dance Division & Ballet Theatre

# Cinderella

**Our North Shore Ballet Theatre program will pair with our Pre-Dance Division classes to perform the story of “Cinderella” for their 2020 spring production!**

The Ballet Theatre program at NSSD flourishes each year with more dancers and new exciting additions to the production that brings the story to life! Each Pre-Dance class will help us tell this story by performing their piece as characters from the Cinderella story!

This performance is such a special way for our Pre-Dance Classes to see the characters and be able to contribute to the story through dance!

*\*\*Below are important dates for the Pre-Dance & Ballet Theatre Spring Production\*\**

**Sunday, April 26<sup>th</sup>** Pre-Dance Division & NSBT Pictures at North Shore School of Dance

**Friday, May 1<sup>st</sup>** Pre-Dance Division & NSBT Dress rehearsal at North Shore School of Dance

**Sunday, May 3<sup>rd</sup>** Cinderella/Pre-Dance Showcase at Lake Forest Academy



## Performing for a Cause

North Shore's Dance Company and Ensemble groups will be sharing their passion for dance with the community as they perform for fundraising shows this January. Studios and performance groups from all over Chicagoland come together to perform for a cause. We encourage all of our NSSD dancers and families to attend one of these events to gain exposure to a variety of dance and support these incredible charities.

### Dancing for Dancers

NSRDE Trainees & NSDC Blue and Purple groups are performing in “Dancing for Dancers”, benefit shows to fundraise for a wonderful non-profit: Everybody Dance Now! This company provides free dance classes in low-income communities to those who would not otherwise have that opportunity.

**What: “Dancing for Dancers”**

**When: Sunday, January 12<sup>th</sup> @  
Evanston Township High School  
&**

**Sunday, January 26<sup>th</sup> @  
Barrington High School**

**Why:** *Support efforts to bring dance classes to communities around Chicago and encourage our youth in a safe and healthy outlet.*

### Inside Youth Summit for the Arts

Ensemble groups will be performing at the “Inside Youth Summit for the Arts” production to raise money for Special Stars Inc., a dance and therapy supported program that aids in supporting developmental goals for youth of all abilities.

We will take class from Inside Chicago Dance's professionals, directed by Robert McKee, followed by a wonderful benefit production.

**What: “Youth Summit for the Arts”**

**When: Sunday, January 26<sup>th</sup> @ 2pm**

**Where: Evanston Township High School**

**Why:** *Come see some of the best studios and groups in Chicagoland and help raise funds to support Special Stars Inc.*

***Come support our dancers at our annual  
Winter Showcase!***

***Tickets on Sale NOW:***

\$10 Tickets

\$12 @ the door

*Visit [Northshoredance.com](http://Northshoredance.com) to  
Purchase Tickets*

***WINTER SHOWCASE:***

January 19<sup>th</sup> @ 4:30pm

***NEW Location:***

Gorton Community Center  
400 E Illinois Rd  
Lake Forest, IL 60045



**Class Cancellations due to Weather Conditions:**

In the event NSSD needs to cancel classes due to severe weather conditions,  
you will always be able to find this information in the below places:

- **WEBSITE:** front page of our website at the top banner: [northshoredance.com](http://northshoredance.com)
  - **ECC:** [emergencyclosingcenter.com](http://emergencyclosingcenter.com)
- **SOCIAL MEDIA:** **Facebook:** [facebook.com/northshoreschoolofdance](https://facebook.com/northshoreschoolofdance) & **Instagram:** [nssdance17](https://instagram.com/nssdance17)

**TAKE CARE IN WINTER**

As the chilly weather is upon us, it is important to help advise your dancers how to take care of their bodies to stay injury and illness free!

- ❖ **STAY WARM:** WARM MUSCLES are vital for keeping dancers injury free. Make sure to COVER UP when going outside! Tights are not considered warm attire. Dress in at least a couple layers to keep your muscles warm! Do not dance or over stretch without properly warming up your body from the frigid outside weather.
- ❖ **DRINK WATER:** Winter weather dehydrates our skin and body. Caffeine from our favorite hot beverages is also dehydrating. WATER & properly hydrating is essential to staying healthy!
- ❖ **GET AWAY GERMS:** EAT nutritious, vitamin rich foods to boost immunity! Get enough SLEEP! & SCRUB UP to avoid winter colds and germs! If your dancer is sick please make sure to notify us by email or phone and don't bring contagious colds to the studio.