

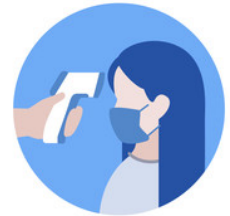
# North Shore School of Dance

## Return to Dance: In-Studio Recovery Plans

### READY FOR A SAFE RETURN

We would like to thank everyone for their support and dedication through these difficult times. As always, safety is our number one priority.

I have included a lot of important information on our safety protocol. Please read carefully, and return the last pages via email.



Body temperature  
check is required

Temperature will be  
taken prior to  
entering the  
building



Hand washing/ hand  
sanitizer required  
upon entering the  
building



Daily Sanitizing of  
studios- between and  
after classes

1

#### NSSD PHASE 1

Studio open under very strict  
limitations and guidelines. No  
more than 1/3rd capacity per  
class

2

#### NSSD PHASE 2

Studio to be open under the  
same guidelines. No more than  
2/3rd capacity per class

3

#### NSSD PHASE 3

Studio will open under strict  
guidelines with increased but  
safe capacity per class

# **When we return: Safety Procedures**

## **BEFORE CLASS DANCERS WILL:**

**Step 1:** have their temperature taken prior to entering the building.

If their temperature is below 100.4 they will be permitted to enter

If dancer has any symptoms of illness, please do not bring them. (see page 3)

**Step 2:** sanitize and or wash hands their hands.

**Step 3:** be given a basket to put their belongings in.

**Step 4:** put their basket in designated area.

**Step 5:** change their shoes and place street shoes in their basket or cubby.

\*Modern dancers MUST wear socks. \*No one is permitted to go barefoot.

**Step 6:** wait for class on designated social distancing spots or in the studio once it has been sanitized.

**Step 7:** sanitize their hands as they enter the studio.

## **AFTER CLASS DANCERS WILL:**

**Step 1:** leave the room as designated by their instructor.

**Step 2:** sanitize or wash hands

**Step 3:** change shoes promptly and put dance shoes in the basket.

**Step 4:** wait on designated social distancing spots and leave single file, dropping off their basket in the designated spot.

## **MANDATORY BY ALL:**

**Anyone who has had or had contact with someone with Covid-19 symptoms cannot enter the school with out doctors approval or after 14 day self-quarantine.**

**Please keep your dancers home if they show any signs of the following:**

Fever, Cold or flu like symptoms, Runny nose, or Cough

**The attached questionnaire must be submitted with the attached waiver prior to your Childs attendance.**

**Everyone, including staff is required to abide by all rules and protocol.**

**Staff and students are required to wear masks at all times.**

## **CURRENT POLICIES:**

- Dressing rooms- CLOSED.
- Small bags permitted. NO large dance-bags.
- Dancers come prepared for class. **Shoe changing only.**
- Parent drop off dancers no more than 5 minutes before class
- Parent pick-up dances no later than 5 minutes after class/ camp
- Lobby closed for waiting for drop off or pick up of dancers. 5 minutes is permitted before or after class only.
- Most classes will be virtual in addition no more than 2/3rds class capacity.
- Class sizes will be limited based on studio size to allow for social distancing.
- Spacing at barre and center floor will be assigned to designated spots.
- No physical contact/partnering will be permitted
- No dancer loitering in dressing rooms, lobby or waiting area
- **Bring your own water.** Water fountain will be closed.
- 
- **Face masks required at all times.** Mask breaks will be outside and as needed.



## **We will follow rigorous sanitation protocols that include:**

- Ongoing scheduled disinfection of high-touch surfaces
- Sanitizing of each studio between classes.
  - We have allowed 10-15 minutes between each scheduled class for all phases.
- Your help with the observance of sanitation practices before and after your class
  - Disinfectant spray or wipes located in each studio
  - Hand-sanitizing stations are conveniently located in each studio for use before and after your class
  - Please sanitize after using the washroom